



Pickleball BootCamp*
May 5,6 4:30-9pm
Dinner Provided Each Evening

Chad Williams
Doug Koch
Instructors

8 Hour Intense Camp
Skill Building
Strategy
Teamwork
Game Play



\$299

Limited to 1st 16 Signups

To Register: Contact Chad
chad.e.williams@gmail.com
(214) 801-3588

St. George Pickleball Camp May 5 & 6, 2022

Instructors:

Chad Williams

Mr. St. George, Summit Athletic Pickleball Instructor, 2012 Grand Canyon 35+ Men's Doubles Medalist, 2021 Utah State Championships 35+ 5.0 Men's Doubles Medalist, 2021 St. George Fall Classic 19+ 5.0 Men's Doubles Gold Medalist

Doug Koch

10 Years Pickleball Teaching Experience, IPTPA Certified, 6-time USA Pickleball Nationals Medalist, 2018 Golden State Senior Pro Men's & Senior Pro Mixed Medalist, 2019 Fall Brawl 50+ 5.0 Singles Medalist, 2021 Mile High Classic 50+ 5.0 Mixed Gold Medalist & 19+ 5.0 Singles Medalist, 2021 Huntsman 60+ Men's Doubles & Singles Medalist
12 Years Youth Recreation and Travel Basketball and Soccer Coach
College and Corporate Software Instructor

Thursday May 5 4:30-9pm Skills:

Dinking: Improve Lateral Movement & Dink Stroke To Increase Consistency & Lower Recovery Time

Dinking Game: Doubles Kitchenball

Cinco De Mayo Dinner Break

Volleying: Improve Accuracy and Consistency

Volleying Game: *Around The World* Volleys, Can you go *Around The World* in 9 Shots?

3rd Shot Drops and Approaching Net with Partner

3rd Shot Drop Game

Lobs: How to get it over Opponent's and Near Baseline, Disguising Lobs, & When to Use

Overheads: How To Get Back Fast, Hit Hard, & Place For Winners

Lob/Overhead Game

Trick Shots: Around the Pole(ATP), Erne – How to Hit, How to Defend

Friday May 6 4:30-9pm Strategy:

3rd Shot Options (Drop, Drive, Lob): Where To Hit, When To Use

3rd Shot Doubles

Dinner Break

Attacking From The Non-Volley Line(NVL): How To Win Rallies When All 4 Players At Net

Aggressive Kitchenball Game

Controlling Pace aka *Banger Defense*: How To Frustrate Players That Want To Hit Every Ball Hard

Controlling Pace vs. Banger Doubles

Doubles Communication & Teamwork: Calling Balls, Spontaneous and Called Switching, Stacking

Doubles Games

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Doug Koch, doug@pickleballpimp.com, 530-713-5395, PickleballPimp.com