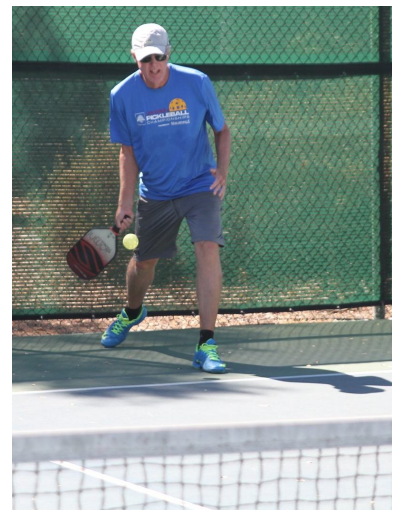




JOHNSON RANCH
SPORTS CLUB



Pickleball BootCamp

Mon-Fri April 4-8
9am-Noon

Doug Koch
Instructor

Skill Building

Strategy

Teamwork

Games

Mini-Tournaments



\$149 Member

\$300 Non-member

2501 Eureka Rd Roseville, CA
To Register Txt or Call
Doug at 530-713-5395

Johnson Ranch Intermediate Pickleball Camp April 4-8

Monday April 4 9am-Noon:

Lesson 1: Dinks – Improve lateral movement and Dink stroke to increase consistency & lower recovery time

Game: Singles Kitchenball Mini-Tournament - Compete to be the “Dink Queen” or “Dink King”

Lesson 2: Volleys - Improve accuracy, lower recovery time, & control the pace of the ball (Banger Defense)

Game: Volley “Around The World” – Can you go “Around The World” in 9 shots?

Tuesday April 5 9am-Noon:

Lesson 3: Drives & Drops – Improve your consistency for the all important 3rd shot

Game: Drops In A Row Contest

Lesson 4: Transition Shots - controlled volleys & half-volleys to transition from “No-Man’s Land” to net

Game: Transition Doubles Mini-Tournament

Wednesday April 6 9am-Noon:

Lesson 5: Serves – Start the rally right, increase speed, depth, & accuracy

Lesson 6: Returns – Where to place return depending on opponent positions

Lesson 7: Groundstrokes – Improve depth & accuracy of Forehand & Backhand Down The Line & Crosscourt

Game: Diagonal Stay-back Singles Mini-Tournamentg

Thursday April 7 9am-Noon:

Lesson 8: Lobs - How to get it over their heads and land near baseline, disguising lobs, & when to use

Lesson 9: Overheads – How to get back fast, hit hard, & place for winners

Game: Lob/Overhead Diagonal Singles Mini-Tournament

Lesson 10: Attacking From The Kitchenline

Game: Aggressive Kitchenball

Friday April 8 9am-Noon:

Lesson 11: Doubles Communication & Teamwork – Moving together, Switching, Calling Balls

Game: Doubles Mini-Tournament