



CARD

CHICO AREA RECREATION & PARK DISTRICT

Chico Advanced 4.0+ Pickleball Camp*



Doug Koch, Instructor

October 25-29 10am-1pm

Skill Building

Strategy

Teamwork

Games

Mini-Tournaments



* Limited to 16 participants, must be 4.0 or higher rated
or have permission of the instructor

\$300

Register :
chicorec.com
530-895-4711

Chico Advanced Pickleball Camp October 25-29

Tentative Schedule:

Monday October 25 10am-1pm:

Lesson 1: Attacking From The Kitchenline – How to win rallies when all 4 players at net

Game: Aggressive Kitchenball

Lesson 2: 3rd Shot Options: Drop, Drive, Lob – How to hit them, when to use them

Game: 3rd Shot Doubles – Partners agree on 3rd shot choice before each serve

Tuesday October 26 10am-1pm:

Lesson 3: Aggressive Serving & Returning: How to hit serves & returns with pace & depth

Game: Diagonal Singles

Lesson 4: Transition Shots - Controlled volleys & half-volleys to transition from “No-Man’s Land” to net

Game: Transition Doubles

Wednesday October 27 10am-1pm:

Lesson 5: Controlling Pace aka Banger Defense: How to frustrate players that want to hit every ball hard

Game: Controlling Pace/Find The Court Game

Lesson 6: Singles – Techniques & Strategies to improve your Singles game. Singles is also a great training aid to improve your Doubles game

Game: Singles Mini-Tournament

Thursday October 28 10am-1pm:

Lesson 7: Using Spin – How to add Topspin & Underspin(Slice) to your shots

Lesson 8: Trickshots: Around the Pole, Erne, Angled Overhead Putaways – How to hit, How to defend

Game: Wide Kitchenball

Friday October 29 10am-1pm:

Lesson 7: Advanced Doubles Teamwork: Switching, Communicating, Stacking, Called Poaching

Game: Doubles Round-Robin