



**JOHNSON RANCH**  
SPORTS CLUB



**Doug Koch**  
Instructor

# Advanced 4.0+ Pickleball BootCamp

**March 14-18 Monday-Friday**  
**Mon, Wed 9am-12:30pm**  
**Tue, Thu 9am-11:30am**  
**Friday 9am-Noon**

**Skill Building**

**Strategy**

**Teamwork**

**Games**

**Mini-Tournaments**

**\$149 Member**

**\$300 Non-member**



**To Register Text or call**  
**Doug 530-713-5395**

# **Johnson Ranch Advanced Pickleball Camp March 14-18**

## **Tentative Schedule:**

### **Monday March 14 9am-12:30pm:**

**Lesson 1: Attacking From The Kitchenline – How to win rallies when all 4 players at net**

**Game: Aggressive Kitchenball**

**Lesson 2: 3<sup>rd</sup> Shot Options: Drop, Drive, Lob – How to hit them, when to use them**

**Game: 3<sup>rd</sup> Shot Doubles – Partners agree on 3<sup>rd</sup> shot choice before each serve**

### **Tuesday March 15 9am-11:30am:**

**Lesson 3: Aggressive Serving & Returning: How to hit serves & returns with pace & depth**

**Game: Diagonal Singles**

**Lesson 4: Transition Shots - Controlled volleys & half-volleys to transition from “No-Man’s Land” to net**

**Game: Transition Doubles**

### **Wednesday March 16 9am-12:30pm:**

**Lesson 5: Controlling Pace aka Banger Defense: How to frustrate players that want to hit every ball hard**

**Game: Controlling Pace/Find The Court Game**

**Lesson 6: Singles – Techniques & Strategies to improve your Singles game. Singles is also a great training aid to improve your Doubles game**

**Game: Singles Mini-Tournament**

### **Thursday March 17 9am-11:30am:**

**Lesson 7: Using Spin – How to add Topspin & Underspin(Slice) to your shots**

**Lesson 8: Trickshots: Around the Pole, Erne – How to hit, How to defend**

**Game: Wide Kitchenball**

### **Friday March 18 9am-Noon:**

**Lesson 7: Advanced Doubles Teamwork: Switching, Communicating, Stacking, Called Poaching**

**Game: Doubles Round-Robin**